

Youth Leadership Principles and Practices Class Map

Week 1:

Executive Functioning Skills, Pt. 1

Week 4:

Executive Functioning Skills, Pt. 4

Week 7:

Lens, Behaviors, Values

Week 10:

Accountability, Pt. 2

Week 13:

DISC Foundations

Week 16:

Comm Cycle + Nonverbals

Week 19:

EL + Powerful Questions

Week 22:

Effective Confrontation Pt. 1

Week 25:

Practicum: Run a Team Meeting

Week 28:

Practicum + Final Projects

Week 2:

Executive Functioning Skills, Pt. 2

Week 5:

What is Leadership?

Week 8:

Group Presentations + DISC Intro

Week 11:

Accountability, Pt. 3

Week 14:

DISC Identification + Style Flexing

Week 17:

Nonverbals + Superpowers

Week 20:

EI + Emotional Catalysts

Week 23:

Effective Confrontation, Pt. 2

Week 26:

Practicum: Run a Team Meeting

Week 29:

Practicum + Final Projects

Week 3:

Executive Functioning Skills, Pt. 3

Week 6:

Mindset Pillars

Week 9:

Accountability, Pt. 1

Week 12:

Accountability, Pt. 4

Week 15:

Empathy

Week 18:

Empathetic Listening (EL)

Week 21:

Listening Barriers + EFS Relaunch

Week 24:

Effective Confrontation, Pt. 3

Week 27:

Practicum: Run a Team Meeting

Week 30:

Practicum + Final Projects

Know Yourself

- Executive Skills
- Values
- Emotional Catalysts
- Personal Accountability
- Lens vs Perspective
- Judgement vs Behavior
- DISC - Knowing Ours

Build Connections

- Communication Cycle
- Nonverbals
- Listening
- Acceptance vs Agreement
- Emotional Intelligence
- Effective Confrontation
- DISC - Discerning Others

Inspire Others

- What is Leadership
- Powerful Questions
- Barriers to Listening
- Barriers to Conflict
- Recognition Messages
- Another's Lens
- DISC - Style Flexing

Ongoing Topics

- Phone Usage/Tech Tangles/ Intentionality
- Mindset: Growth - Grit - Gratitude - Grace
- Mindfulness Challenges